WEBINAR: Emotional Intelligence

LIVE WEBINAR
VIA ZOOM

Overview

Our ability to deal effectively with our emotions in the workplace is critical to our success as Team Members and service providers. As the pace of the world increases and our environment makes more and more demands on our cognitive, emotional and physical resources, Emotional Intelligence is increasingly critical as a skill set. Emotional Intelligence strategies combine with native intelligence increase our ability to successfully manage the constant challenges from customers and our business associates.

Objectives

- To be able to recognize and understand the five competencies for building Emotional Intelligence
- To know what self-motivation and job satisfaction is as factors that contribute to high performance
- To better understand communication approaches and skills for developing relationships and ownership for successful outcomes and follow through

Who Should Participate

- Executives, Managers or Administrators
- Leaders and Supervisors
- Anyone who wants to build their emotional intelligence

Key Topics

I. Self-Assessment

II. How to Become More Emotionally Intelligent

III. Developing Self-Awareness

IV. Practicing Self-Regulation

V. Improving Social Skills

VI. Understanding Empathy

VII. Finding True Motivation

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Duration

- 3 hours

Webinar Fee

- Php 2,000.00 per participant (inclusive of e-Handouts and e-Certificate) to be paid at least 3 banking days before the event

Requirements

- Mobile phone, tablet, computer or laptop
- Download free ZOOM app
- Internet connection
- Good audio connection

Reservation

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